

THE CORNERSTONE CONNECTION

CORNERSTONE BAPTIST CHURCH

Pastor Scott's Perspective — "Kingdom Kids"

"Even among good Christians, there's a concept that it's all about their children – caring for *their* needs, making sure *they're* happy, making sure *they're* getting educated. Kids are learning: *It's all about me.*" (Dr. Robin Johnson in a *Focus on the Family* article entitled *Heart of a World-Changer* by Suzanne Hadley)

Of course, there are many children who are growing up deprived of sufficient love and focused attention from their parents. Not just abandoned and abused children, but also children growing up in respectable, affluent homes where the parents are too busy making money and succeeding in their careers to spend enough time with their children.

Many Christian parents are determined to do a good job of filling their children's "love tanks" with plenty of unconditional love and focused attention and quality time together. There is no such thing as giving a child too much love – but there is such a thing as raising children to be self-centered by creating a child-centered family.

Of course, having children is a life-changing experience, and all parents to some extent become focused on caring for their children's needs. Babies are perhaps the most self-centered creatures on earth, and it's pretty hard to ignore their demands for food and comfort. And at every stage of parenting, there is a need for parents to sacrifice for their children – putting the needs (and often wants) of their children ahead of their own on a regular basis. And raising well-balanced children who are involved in a variety of school and sports and church and other activities will lead to family schedules that are largely dominated by children's activities.

But it is one thing to raise children who feel loved and valued because of the time parents

spend with them – it is quite another to raise children who grow up in child-centered families thinking: *It's all about me.*

We all want our children to be happy. But one of the most important life skills that parents need to teach children so that they will be reasonably well-adjusted as adults is *coping with frustration*. Some parents deprive their children of opportunities to learn how to cope with frustration by constantly rescuing their children from frustrating situations. How will children ever learn the hard reality that *life is not fair* if parents are fighting all their battles for them?

It is one thing to raise children who feel loved and valued because of the time parents spend with them – it is quite another to raise children who grow up in child-centered families thinking: *It's all about me.*

And children who are accustomed to getting their own way and being treated as the center of the universe will have a hard time adapting to the real world in which their peers, teachers, coaches and other adults will not be treating them as the center of the universe.

The biblical pattern for Christian families is to be *Christ-centered, not child-centered*. The goal is to raise fully devoted followers of Jesus, not kids who think "*It's all about me.*" The Center of a Christian family is Jesus Christ. The top two priority relationships for Christian parents are their love relationship with Jesus and their marriage relationship. Children benefit the most when those top priority relationships are healthy and strong. Putting your children ahead of Christ and/or your spouse leads to dysfunctional families.

Jesus said: ***Seek first the Kingdom of God and His righteousness.*** That applies to Christian families as well as to individual believers.

Dr. Robin Johnson goes on to say: "*We're hoping to instill in our children that it is about* (Continued on page 2)

Upcoming Events

- August 3 11:30 a.m. Ladies Lunch at Buffet King, Davenport
- August 3 7:00 p.m. Melia Frisque Baby Shower/Osterbergs
- August 5 Pine Lake Camp 50th Celebration
- August 6 AM Pastor Mark AM Communion 6:00 p.m. Home Groups
- August 12th 9:30 a.m. NL Paintball & Cookout
- August 13 Nurse Office Open 6:00 p.m. Missions Service & Ice Cream Social
- August 19 9:45 a.m. Puppets & Dowel Rods Pizza & Bowling
- August 20 5:30 p.m. Parents/Puppeteers/Rods Meeting 6:00-7:00 p.m. HUGS 6:00 p.m. Prayer Meeting/CBC 7:00 p.m. NS School Prayer Meeting 8:30 p.m. No Limits Dare 2 Share Mtg.
- August 21 3:30 p.m. Deaconess Meeting 7:00 p.m. Cornerstone Anniversary Meeting
- August 25 7:00 p.m. HYMN Sing/refreshments
- August 27 4:30-6:00 p.m. Jr. Puppets & HOT RODS 5:30-7:00 p.m. Sr. Puppets 6:30 p.m. No Limits Event Evening – TBA

God and His vision and whether we're being woven into the tapestry of His purpose."

We want our children to have healthy self-esteem – but we don't want them to be self-centered. We need to keep their love tanks full – but we don't make our family *all about them and their happiness*. If we want our children to become fully devoted followers of Jesus fulfilling God's Purpose for their lives, then we need to model and teach that life is all about the Kingdom of God and the cause of Christ – not our selfish desires and ambitions. *We want to raise Kingdom kids who understand that life is not all about them – rather life is all about Christ and His Kingdom.*

*Raising Kingdom kids involves instilling selflessness, compassion, and a vision for God's Kingdom purposes in the world. **Kingdom kids are raised to become world-changers.*** The priorities of the family are governed by Kingdom priorities. Children are taught to look beyond their own desires for happiness to the needs and suffering of others. Children are given a vision of the needs of the world and of what God is doing in the world to advance His kingdom. Rather than teaching kids to fear the world and shun non-Christian people, Kingdom kids are taught to extend Christ's love to the lonely and needy and lost people of the world. *Kingdom kids are given the confidence to believe that they can become world-changers rather than world-conformists.* Kingdom kids are given the hope and faith and love and vision to believe that they can make a difference in the world.

To raise Kingdom kids, parents need to live by Kingdom priorities in their own lives. And parents need to look beyond

themselves and their kids and their family activities to pursue God's purposes for building up Christ's church and for expanding Christ's reign in the world. *To raise Kingdom kids, parents need to become World Christians – not worldly Christians pursuing the world's materialistic agenda – but world Christians pursuing Christ's agenda for the nations.*

And to raise Kingdom kids, parents need to model compassion and instill compassion in their kids. *How do you talk about the poor in your home? How do you talk about immigrants and minorities in your home? How do you talk about non-Christian people in your home? How do you talk about sinners in your home?* Do you talk like a Pharisee – or do you talk like Jesus would?

And to raise Kingdom kids, parents need to get personally involved in Kingdom ministry – to the poor, to the lonely, to the hurting, to the lost, to the hopeless and discouraged, to the unreached, to widows and orphans, to immigrants and refugees, to the infirm and elderly, to the unwanted – *to the least of these* mentioned by Jesus in Matthew 25. Missions trips – or volunteering with Urban Edge or Sonshine Ministries -- are great ways of doing this.

May God equip us parents to raise a generation of Kingdom kids – *world-changers* – who will seek first the Kingdom of God and His righteousness rather than going through life thinking: *It's all about me.*

Church Financial Report

During the first four Sundays of July, giving to the General Fund (church budget) has averaged \$6,522 per week. This is substantially below the budget of \$8,076.

Building Fund giving thus far in July has totaled \$6,725. Our monthly mortgage payment is \$7,560.

If you are able to help us overcome this "summer slump" by increasing your giving or by making sure you give regularly even when you miss some Sundays due to vacations and other activities, please do so.

Outdoor Baptism Possibility Aug. 27

Pastor Mark is trying to gauge the interest level of attenders who want to be baptized outside this summer. If you are interested then let him know as soon as possible.



2006-07 AWANA begins Monday, September 11th

If you are interested in helping with this great kids program, please call Stan Howell at 391-2271.

A Word From Pastor Mark

Family, I am extremely excited about October 1-6 because Ian Leitch is coming back again for an evangelistic outreach. Ian is an exceptional communicator of the gospel. Here is what I wrote to Ian after his last visit, "I have heard many people preach the gospel but none as gracious as you. Just recently I heard an evangelist preach the gospel very aggressively and tactlessly. I think more people became offended by his presentation than by the gospel and that is a shame. Many people responded to his challenge to accept Christ but I wondered if they were doing it out of obligation to him instead of to Christ. Your presentation does not offend people- the gospel may but that is expected. We have never heard anyone say they hated what you have said. In fact, we believe you live out Colossians 4:6, "Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone." Thank you for making it easy for us to invite our unchurched and unbelieving friends, family and neighbors."



The last time Ian was here God used him in an amazing way. Here is what I reported to the Herald's Trust for their newsletter: "Do angels get tired? I have never worried about them getting fatigued until Ian showed up for an Each One Bring One week on May 6-11, 2001. Luke 15 says that angels rejoice when one sinner turns to God. Bill Hybels, from Willow Creek, expands on this idea and says that angels have a party in heaven when a sinner accepts Christ.

The angels must have become tired of putting up and taking down all the party decorations for the new Christians. In all, 41 adults and youth turned their lives over to Christ during the week. What a great week for the kingdom of God! What a great week for our church! What a great week for these new believers.

One of the highlights of the week came during the Sunday morning worship services, when a 28-year-old man whom I have been discipling for several years escorted his mother up to the altar to receive Christ.

There were several during the week that did not accept Christ or want to receive more information. But they left with positive thoughts about Ian, our church and the person(s) who invited them. And they left a little closer toward Christ than they were before."

In preparation for Ian's arrival I want to encourage you to make a list of people you are going to invite to the various Each One Bring One (EOBO) events. We will have several events geared to specific ages and sexes. For example, we will have a men and women's EOBO (probably couple's and singles, etc). At the EOBO we will have great food, good conversation and then Ian will speak with the opportunity for your guests to receive Christ or more information about the gospel.

You can learn more about Ian from his website @ www.theheraldstrust.org

Cornerstone's 14th Annual Blood Drive – Tuesday, August 29th 2-7 p.m.

Please plan to give again this year or for the first time ever if you have not participated in the past. Sign up sheets for donation times will be available during the month of August.

If you have been told your blood count is too low to give one time it does not mean this is a permanent condition. Blood levels fluctuate daily. Eating iron-rich foods will help promote blood regeneration. Good sources include: lean meats, nuts, tofu, seeds, eggs, fish, seafood, whole-grain and enriched breads, cereals, potatoes, green leafy vegetables, dried fruits, beans, peas and molasses.

Blood facts: **1** pint of blood can help up to 3 people. Every **2** seconds, someone needs blood. The average red cell transfusion uses **3.4** pints. Every year, **4** million people in the U.S. receive blood transfusions. One out of **5** people entering the hospital will need blood.



Pastor Tony's No Limits News

This Sunday we gave the youth an opportunity to share what they have heard God teaching them over the past weeks, and where He seems to be leading them. Many things were shared, and some youth have committed to good growth steps. As I hear the reports from camp and missions, I hear much of the same theme. The common theme I see in all I have heard is keeping the priority of God 1st in our lives.

It may seem oversimplified, but God is (and really always has been), calling us to keep Him 1st in our lives; then everything else takes 2nd place. This is a no brainer when we think it through. Of course it makes sense to keep the Creator and Sustainer of the universe in control and seek His plans for our lives. It goes hand in hand with the teaching of listening prayer and focusing on what God wants our next steps to be. But the challenge then becomes taking it from a "good message at camp" or a "heart warming challenge and commitment" to place Him 1st to actually giving Him that priority in our lives.

During the summer we have our own time and plans, and it can be easier to make some life changing habits that will accommodate these commitments. So while the summer is winding down and you still have some time to place these actions into practice, let's take advantage of every opportunity to prepare for the upcoming challenge of keeping Christ 1st in our lives.

No matter what the goal you personally have set and wish to obtain, keeping Christ 1st is the recipe for success. So to avoid falling back into the same old habits that the new school year offers, I would strongly suggest that you plan now what time you will need to get up for school, and then add the extra time you wish to start the day with Christ now. I know that sleeping in is a "right of summer." However, the sacrifice now will make the school year go much easier and won't be as great a shock then. It amazed me, the week we were in Detroit, we were all able to get up and ready by 7am and get going. We asked God for help during the day and listened to His voice through the day. When you order lunch, for example, ask Him what sounds good. Ask Him what you should do this afternoon. If you go to the mall, ask Him what are the best deals or if you need those clothes?

This morning I got some junk mail that I normally would have pitched without reading. But I felt God lead me to

read and then ask Him how much I should give. The answer was kind of scary, but I know He provides my needs, and I will trust Him with this gift as well. My point is, start planning now for the school year, and start building the positive habits that will see you through this year NOW. Then the school year and all the challenges it brings will not be a watershed on your commitments to keep Christ 1st. He is waiting to talk to you. Are you ready to take the time to listen?

Up Coming Events

- Wednesday 2nd No Youth Groups
- Monday 7th Youth Purpose Board. 7:30-9:00
- Wednesday 9th No Limits Youth Group 6:30 -8:30
- Saturday 12th Possible Paintball / Cook out
9:30 am at church bring \$5.00 for paint and meat to grill
- Wednesday 16th Back to School cookout 6:30-8:30
- Sunday 20th Prayer for School walk at North Scott High School. 7:00 pm
- Sunday 20th No Limits Dare 2 Share Meeting
8:30 pm. TBA after prayer rally.
- Wednesday 23rd No Limits Youth Group 6:30 -8:30
- Sunday 27th Event Evening and Activity TBA
6:30- ?
- Wednesday No regular youth groups/
Open Gym
Volunteer Staff Meeting
6:30 – 9:00

Life Matters

By Andrea Ideker

The next generation is in our hands.

It's that time again!!! The CPC Annual Walk-a-Thon is Saturday, September 9th at 9:00 a.m. at Veteran's Memorial Park (band shell) in Bettendorf. Come celebrate 16 years of CPC Pregnancy Resources in the Quad-Cities. There will be a large silent auction, fun, food and song.

This is a great way to support those who use CPC services and those who serve as volunteers at the centers. In 2005 CPC has touch many lives: 3,276 new client visits; 699 pregnancy tests; 176 ultrasounds, 253 babies born; 80 decisions to

follow Christ; sexual abstinence programs presented to over 4,300 students.

You can be part of these miracles by walking 2 easy miles and/or pledging support for those who walk. Let's have a great number from Cornerstone there on September 9th.

See Mari Brewer or Amy Brady for pledge forms.

Special Sun. Night Missions Service



August 13th at 6:00 p.m.

The summer mission teams will be sharing with you how God touched and used them. Come and hear how your prayers and financial gifts made a difference in our Cornerstone family, country and the world. It will be a God honoring time.

Following the service you are invited to a THANK YOU Ice Cream Social in the ROCK.

The summer mission teams are so thankful for your support. You enabled them to be Jesus' hands and feet.

Hymn Sing

Friday, August 25th at 7:00 p.m.

Cornerstone Baptist Church

Ray & Barbara Williams will be leading us. Ray is the pastor of Grace Baptist Church, Waterloo, and Barb has served many years in the church ministry music ministry.

A love offering will be taken and refreshments will follow in the ROCK Center.



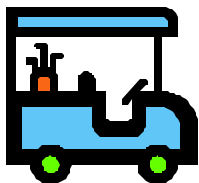
Any questions?
Call Jim McGimpsey
at 285-8100

August Adult Prayer Focus Calendar

Wednesday, August 2	Recruiting for fall children's & youth ministries
Wednesday, August 9	Worship Team
Wednesday, August 16	Constitution Committee
Wednesday, August 23	Ian Leitch evangelistic outreach Oct. 1-6
Wednesday, August 30	AWANA

Thank you to all who have kept the prayer meeting attendance strong over the summer months!

Fellowship of Christian Athletes Annual Fundraising Golf Scramble



September 11, 2006
Rock Island Golf Club

Cost \$250 per player (paid or pledged)

This golf scramble is not only a fundraiser but a qualifying tournament. The winning foursome will advance onto the state tournament at The Rail in Springfield, Illinois with a chance to advance to the FCA National Golf Scramble Finals held at TPC at Sawgrass in Ponte Vedra Beach, Florida.

Interested participants please call the local FCA office at (309) 762-8871 or e-mail tschneckloth@fca.org

Corporate sponsorships and hole sponsorships are available. If you would like to be a sponsor for this golf outing call the office for a Sponsors brochure.

Children's Ministry in Moldova

By Jenny Ferrel

Question: What do balloon animals, puppets, aerobics, craft projects, and the Jesus video have in common?

Answer: They are all items used to carry out a Vacation Bible School program that traveled to five different Moldovan villages.

What an amazing experience! In addition to the five days of VBS, we also showed the Jesus video and did follow up activities in five other villages. We all learned a great deal about setting aside our need to plan and letting God lead us. Every day was a new adventure with new challenges and every day God provided for our every need. Every day molded and shaped us, but I wanted to share two experiences that really impacted me.

- 1) The third day of the medical clinics and VBS we ministered in the village of Mirzaci. The missionary to this village told us that there are only four Christians in the entire village. We were also told that we could encounter some resistance. Upon arriving, we learned that there would not be indoor space for VBS. After praying for the right outdoor location, we set up in the small amount of shade in front of the building where the medical clinic was held. It was a very hot day and the shade was minimal, but the children had a great time doing aerobics in the street, playing games and doing crafts. They also listened intently to two Bible stories and sang along to the gospel fuzzies (a song that explains the meaning of the sal-

vation bracelets we handed out). About halfway through the morning, I glanced around and noticed that several of the adults were listening in on what we were doing with the children. I realized that if we had held VBS inside that day, the adults would not have had the opportunity to hear the Bible stories or the plan of salvation.

- 2) On the eighth day of our trip, we visited a family home in the village of Slabode. We knew walking up to the home that they were very poor, but none of us were really prepared for the poverty and hopelessness that what we saw. We later learned that the family we visited was one of the poorest in the Orhei region. The youngest member of the family, a seventeen month old baby, is starving because he cannot retain food. For the first time during the trip, I saw children with sad eyes. We took the children into the house to do a mini VBS. We sang a Romanian Bible song, told the story of Jonah, played Zonk, handed out salvation bracelets, and played bean bag and balloon games outside. We then showed the Jesus video to the children and adults. Before leaving for the day, we handed out toothbrushes, toothpastes, pencils, and pens. After one member of our team led them in a prayer to receive Christ, many of the children indicated that they had made that decision. The sad eyes that I saw when we first arrived now glimmered with the hope of Christ.

Moldova Medical Team

God's provision for a medical team to Moldova was comprised of Dr. Lorenzo Bocuzzi, Mary Lee Finch, Lucy Schmidt, and myself; joined by two doctors and two pharmacists from Moldova. In five days, over 450 people were treated for various illnesses, including high blood pressure, diabetes, gastrointestinal problems, and many skin ailments. Each day we visited a different village, and set up in a church, school, or building large enough to facilitate a make-shift clinic. Initially, each person had their blood pressure taken while an interpreter determined what problems they were having. After being seen by the doctor, they received prescribed medicine from the pharmacists.

By Deb Luett

Most importantly, as people left the clinic Trudi Clark, Terry Schmidt, or Pastor Dewey prayed with them, shared the 4-spiritual laws, and presented with them a Bible in their native language. I pray their lives were touched with His eternal promise, as much as ours was blessed in serving Him. None of this would have been possible, if not for your prayers, and financial support for the team, medicines, and Bibles.

Thank you, and God Bless you all.

Cornerstone Celebrations

**50th Anniversary since the church was organized
in Ridgeview**

**30th Anniversary for Cornerstone being
in Eldridge**

Join us for a Meeting
Monday, August 21st at 7:00 p.m.

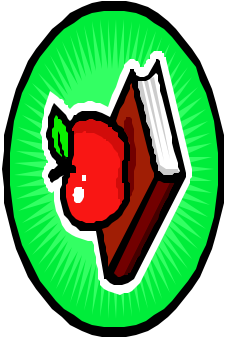
The Anniversary celebration will be held Saturday, November 11th in the ROCK Center.

Please mark your calendars and SAVE THE DATE!!

Everyone welcome to attend.

More specifics at a later date.

August 2006



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 7:00-8:30 p.m. Men's Basketball/ROCK 7:30 p.m. College-Career-Singles/Idekers 7:30 p.m. Youth Purpose Team Meeting	2 6:30 a.m. Men at Maid-Rite, Eldridge 7:00 p.m. Prayer Mtg. 7:00 p.m. Women's Bible Study/Hansels NO YOUTH GROUPS	3 11:30 a.m. Ladies Luncheon at Buffet King 6:30 p.m. Coed Volleyball/ROCK 7:00 p.m. Melia Frisique (Susan McMurrin Frisique) Baby Shower/Osterbergs	4	5 7:00-8:30 a.m. Men of Integrity PINE LAKE CAMP 50th ANNIVERSARY CELEBRATION
6 8:40 a.m. Prayer AM Pastor Mark AM Communion 6:00 p.m. Home Groups	7 6:30-8:00 p.m. Women's Basketball/ROCK 7:30-9:00 p.m. Youth Purpose Board Mtg.	8 7:00-8:30 p.m. Men's Basketball/ROCK 7:30 p.m. College-Career-Singles/Idekers	9 6:30 a.m. Men at Maid-Rite, Eldridge 6:30-8:30 p.m. No Limits Youth Groups 7:00 p.m. Prayer Mtg. 7:00 p.m. Women's Bible Study/Hansels	10 6:30 p.m. Coed Volleyball/ROCK	11	12 7:00-8:30 a.m. Men of Integrity 9:30 a.m. No Limits Paintball & Cookout
13 8:40 a.m. Prayer Nurses Office Open 6:00 p.m. Missions Service & Ice Cream Social	14 6:30-8:00 p.m. Women's Basketball/ROCK	15 6:30 p.m. Singles Game Night/ROCK	16 6:30 a.m. Men at Maid-Rite, Eldridge 6:30-8:30 p.m. No Limits Back to School Cookout 7:00 p.m. Prayer Mtg. 7:00 p.m. Women's Bible Study/Hansels	17 6:30 p.m. Coed Volleyball/ROCK	18	19 7:00-8:30 a.m. Men of Integrity 7:00 a.m. Trustee Mtg./Village Inn 9:45 a.m. Puppet/Dowel Rod Pizza & Bowling
20 8:40 a.m. Prayer 5:30 p.m. Parent/Puppeteer/Rods Mtg. 6:00-7:00 p.m. HUGS 6:00 p.m. Prayer/CBC 7:00 p.m. NS School Prayer Meeting 8:30 p.m. NL Dare 2 Share Mtg.	21 3:30 p.m. Deaconess 6:30-8:00 p.m. Women's Basketball/ROCK 7:00 p.m. CBC Anniversary Meeting	22 7:00-8:30 p.m. Men's Basketball/ROCK 7:30 p.m. College-Career-Singles/Idekers	23 6:30 a.m. Men at Maid-Rite, Eldridge 6:30-8:30 p.m. No Limits Youth Groups 7:00 p.m. Prayer Mtg. 7:00 p.m. Women's Bible Study/Hansels	24 6:30 p.m. Coed Volleyball/ROCK 7:00 p.m. Missions Committee Meeting	25 7:00 p.m. HYMN Sing at Cornerstone — refreshments in ROCK	26 7:00-8:30 a.m. Men of Integrity
27 8:40 a.m. Prayer 4:30-6:00 p.m. Jr. Puppets & HOT RODS 5:30-7:00 p.m. Sr. Pup. 6:30 p.m. No Limits Event Evening — TBA	28 6:30-8:00 p.m. Women's Basketball/ROCK	29 2:00-7:00 p.m. Cornerstone Blood Drive/ROCK 7:00-8:30 p.m. Men's Basketball/ROCK 7:30 p.m. College-Career-Singles/Idekers	30 6:30 a.m. Men at Maid-Rite, Eldridge 6:30-9:00 p.m. No Limits Volunteer Staff Mtg. No regular Youth Group/Open Gym 7:00 p.m. Prayer Mtg. 7:00 p.m. Women's Bible Study/Hansels	31 6:30 p.m. Coed Volleyball/ROCK		

August Birthdays:

2	Amanda Schwartzhoff			
5	Dennis Kirby			
6	John Green, Jr.			
7	Danielle Phillips			
8	Robin Mays Larry Rauch Elizabeth Von Maur			
9	Karissa Rempe Kelsi Rempe Walter Goodknight			
10	Judy Nielsen Abigail Gainer Dora Abington Summer Arndt			
11	Wes Reese			
12	Rick Thompson Eric Perrin			
15	Polly Smith Cierra Klatt			
16	Bonnie Osterberg Gabriel Wright Julie Bader Rachelle Neill			
18	Mike Granger Heather Wheeler Tonya Preston			

August Anniversaries:

4	Don & Dora Abington Bob & Amy Brady	Shirley Milnes Heidi Pillard Barbara Yetter	19	
6	Don & Julie Davis	Laura Goltry	20	
10	Curt & Kit Hansen	Neil Chapman	21	
11	Deac & Mary Sue Ryan	Madison Trotter	22	
12	John & Sandy Green	Shelie Kirby	24	
14	Bob & Carmene Granger Rick & Pam Thompson	Holly Shaw Sarah Von Maur Phyllis Arentson	25	
17	Pastor Scott & Beth Pearson			
21	Dick & Janette Ambrester	Joe Osterberg	27	
23	Craig & Robin Mays	Will Burklow	28	
25	Dave & Janet Haycraft	Sandy Nass	29	
		Beth Phillips Aaron Lacey Rich Mohr Andrea Hernandez	31	

Parish Nurse Corner



Parish Nursing exists at Cornerstone Baptist Church to minister to the body of Christ through the power of the Holy Spirit, but helping to meet health care needs to live life abundantly. (Mt. 35:35-36)

SIDS (Sudden Infant Death Syndrome)

Sudden Infant Death Syndrome (SIDS) is the number one cause of death in children ages one month to one year of age. Every day in the United States, 7 babies die from SIDS. SIDS is defined as the death of an infant from one month to one year of age that remains unexplained after a full autopsy and death scene investigation. 90% of SIDS deaths occur before 6 months of age, with the largest number of those occurring between 2 and 4 months. SIDS is also most common in the fall and winter months. There is no known cause of SIDS and therefore no known prevention. There are many things that we do know about SIDS. There are several risk factors that can be avoided, decreasing the risk of SIDS. These risk factors include:

- **Stomach sleeping:** Babies who sleep on their stomach are 9 times more likely to die from SIDS than babies who sleep on their back. The recommendation for safe sleep is **BACK ONLY**.
- **Smoking:** Do not smoke while you are pregnant and do not allow others to smoke around your baby.
- **Overheating:** In the winter months, it is common to want to bundle our babies when we put them to sleep. The room temperature for a baby should be between 65 and 68 degrees. When checking their body temperature, do not measure it by how warm or cold their hands and feet are, feel the temperature of their body. If a baby is sweating while sleeping, they are too warm.



HAVE YOU HEARD THE NEWS?

5:30 p.m. with a Parent/Puppeteer/Dowel Rod meeting. This is an absolute **MUST** for ALL puppeteers and dowel rods (new or returning) and their parents! We will then have a puppet practice time for the puppeteers from **6:00 - 7:00 p.m.** If you can not make this meeting, but still want to be involved in the puppet team, please contact Dawnetta Van Ee (285-9145),

Now is your opportunity...

If you are in 5th grade or older and want to be involved in the H.U.G.s Puppet Team or if you are in your second year or more of H.U.G.s and want to serve on the **HOT ROD** Dowel Rod Team, the action begins on Sunday, **August 20**. We will begin at

- **Soft bedding:** The components of a safe crib are a mattress, tight fitting sheet, and the baby. Decorate your nursery, not your crib. Quilts, stuffed animals, bumper pads, and sleep positioners are all considered unsafe and can increase a baby's risk of SIDS. Consider using a wearable blanket sleeper over light pajamas instead of a blanket.
- **Safe sleeping location:** Babies should only sleep in an approved crib or bassinet. They should never sleep on a couch, chair, adult bed, or with anyone. The safest place for your baby is in its crib, not in bed with you.
- **Breastfeeding:** There have been studies that show that breastfeeding can also reduce the risk of SIDS.

Some babies develop flat spots from back sleeping but this usually resolves itself when they begin to roll over and sit up. Tummy time while they are awake helps also.

SIDS is not caused by immunizations. SIDS is not caused by spitting up, choking or smothering. SIDS is not caused by child abuse. SIDS usually occurs in healthy babies. SIDS is not catching; it cannot be passed from one baby to another. It is no one's fault when a baby dies of SIDS.

The Iowa SIDS Foundation 7th Annual Walk for the Future will be held on August 26th at Scott County Park Whispering Pines Shelter. Registration is at 8:30 a.m., with the walk beginning at 9:00 a.m. It is a family oriented, 5K walk/run. Registration fee is \$25 for adults and \$10 for kids, this includes a t-shirt. You may also walk for free if you do not desire a t-shirt. All funds go directly to the Iowa SIDS Foundation to support SIDS research, education, and family support. For more information please contact Jenny Atzen at 285-5046 or atzen37@msn.com

Renaeh Mohr (285-1276), or Kelly Ramsey (285-8071). This is a very important meeting, you won't want to miss it. Practices will continue each week thereafter with Jr. puppets (5th & 6th graders) and Dowel Rods practicing from 4:30 – 5:30, combined devotions at 5:30, and Sr. puppets (Jr. High and older) practicing from 6:00 – 7:00.

There are several exciting changes in the works, and we want YOU to be a part of the action! We are planning more outreach opportunities and more team builder activities as the Lord leads us. We are excited about what the Lord is doing at Cornerstone, and invite you to join us in His work through the ministry of puppets and dowel rods.

CORNERSTONE BAPTIST CHURCH

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www.cornerstonebaptistch.org

"Family News"

Congratulations to Kevin and Sena Hagedorn on the birth of their new little boy, Yorton, born on July 20th. He will enjoy playing with his two older sisters, Ava and Hattie!

Israeli Cultural Festival

Sunday, August 6, 2006

11:00 a.m.—7:00 p.m.

District of Rock Island

Hearts at Home Conferences — "Motherhood Rocks!"

Great Lakes Regional Conference
October 27-28
Lansing Center
Lansing, Michigan

Registration Deadline is September 18th.

See foyer for brochures.

North Central Regional Conference
November 10-11
Lansing Center
Lansing, Michigan

Registration Deadline is October 2nd.

See foyer for brochures.